



2021 Wellness Option

The \$250 premium reduction will be offered to employees that completed the wellness steps in 2019. Eligible spouses may participate for a total reduction of \$500 if all steps are completed by the employee and spouse.

To be eligible for the \$250 single or \$500 employee and spouse discount in 2022, all the steps outlined below must be completed in the time frame and submitted before October 15, 2021.

Requirements for 2021:

1. Health Risk Assessment (online questionnaire)
2. Biometric Screening (height, weight, blood pressure)
3. Preventive Care Exam by Physician (October 15, 2020-October 15, 2021)
4. Dental Exam (October 15, 2020-October 15, 2021)
5. Vision Exam (October 15, 2020-October 15, 2021)

More information to follow in August 2021 regarding the schedule for the biometric screenings and lab work in your building.



2021 Wellness Option Exam Affidavit Form

Patient Information

First Name: _____

Last Name: _____

Date of Birth: _____

TYPE OF ANNUAL PREVENTATIVE EXAM

____ Physical Exam Dates accepted between: October 15, 2020– October 15, 2021

____ Dental Exam Dates accepted between: October 15, 2020– October 15, 2021

____ Vision Exam Dates accepted between: October 15, 2020 – October 15, 2021

Facility Information

I verify that the above listed patient was seen in our office.

Name of Practice: _____ Date of visit: _____

Physician or Authorized Representative: _____

Printed Name: _____ Date signed: _____

Submit the form by:

1. Scan the form and email to bcscwellness@crh.org
2. Fax the form to BCSC Health Center at 812-375-8879
3. Drop off the form at the BCSC Health Center.