



# February 19, 2024

Download Sched  
App

## PD day



Location: Columbus North High School

Agenda:

7:30am - Doors Open

8:00am - Welcome (North gymnasium)

8:15am - Keynote (Dr. Brian Dinkins)

10am - Wellness Session #1

10:45am - Wellness Session #2

11:15am - Lunch (on your own)

12:30pm - School Specific

## BCSC EAP

(Employee Assistance Program)



### TelUs Health FREE Resources

## Things you should know about:

Book a counseling appointment online

Support & Resources: Family, Health, Life, Money, Work

Perks: Exclusive offers

30 minute FREE Legal Consultation

Sign up for TelUs Health Newsletter

Free bi-monthly webinars

Care Now Programs - FREE Health & wellbeing  
program personalized

**\*\* GO EXPLORE ALL IT HAS TO OFFER\*\***



# YOU MATTER.